The Resident

Billericay District Residents' Association

"Help us to help you"

Billericay Action Group

March 2026



Mountnessing Railway Bridge – a danger to pedestrians and motorists? ***PAGE 2***

Do you care about Billericay? Then join us at the BDRA ***PAGE 4***

Great News! The Local Elections are back on in May! ***PAGE 5***

Quilters Schools: The Kindness Movement Transforming Billericay ***PAGE 6***

Your subscription for membership costs £5, which includes 10 editions of The Resident or £3pa if a member takes the e-version.

Visit the BDRA Website at: www.bdra.org

Billericay Needs You!



BDRA VACANT ROLES

Chair *Good Chairs are – Assertive, Decisive, Good Listeners, Adaptable, Diplomatic, Impartial Attentive and Concise.*

Do you think you have these skills? Do you care about the future of Billericay? Have you some time to spare?

You sound just like the type of person we are looking for. BDRA now has a vacancy for a Chair. If you are interested, ***please contact resident@bdra.org***

Road Reps

We are desperately in need of new volunteers to help us distribute and manage our magazine. Can you spare just a few hours a month to help us deliver our magazine to your street?

A Road Representative usually covers the same roads once a month.

- **Sun Corner, Laindon Road, School Road, Fairview, Weir Wind** ***(approx 20 members) Contact pullinat28@gmail.com***

Area Membership secretary for Great Burstead & South Green

Membership Secretaries look after their particular area. The role will normally take a few hours a month and would suit anyone looking to give something back to the community. Use of email would be an advantage. Interested?

Contact resident@bdra.org

Distributor

A vacancy has arisen for a Distributor to be part of our distribution network. The volunteerwill have editions of The Resident delivered to them, and will then be responsible for delivering a specific number to each of 11 Road reps, in the Mountnessing Road area, who will deliver the magazines to our members. The use of a car would be useful for which a mileage allowance may be claimed.

Contact gordon2908@me.com

Bill West

Many of you will be aware of Bill West who was a road rep for several roads in the Mountnessing/ London Road area for many years. His retirement was announced in the November issue and the Committee thanked him for his long service to the BDRA and its members. His Daughter has advised us that sadly he passed away on the 17th January. Our thoughts are with all the family at this sad time.

BDRA NEWS

"Help us to help you"

Billericay Action Group

LOCAL PLAN UPDATE

There is no new news on the emerging Basildon Local Plan while we await the publication of a revised version ahead of the next Regulation 19 public consultation. This is likely to be close to the final iteration of the plan. Basildon council aims to reach this stage by the end of March but we feel that is ambitious and unrealistic considering the amount of work yet to be completed.

As you are no doubt aware, Local Government Reorganisation is taking place just now with Basildon Borough joining with one or more other local boroughs to form a new Unitary Authority. The same is happening right across Essex.

From a Local Plan perspective this is going to have some significant impact as all of the nearby boroughs are also working in their new and individual Local Plans. It raises the question of why the Government doesn't pause these plans to allow the new Unitary Authorities to create a Local Plan that properly reflects the needs of the new larger area, and population, those authorities will cover. We have concerns that trying to crash together a number of separate plans will be a mess and won't deliver the best outcome for local people. Economies of scale, and perhaps better places to build, will be missed by the current piecemeal approach.

But frustratingly the Government seems to be ploughing ahead with putting pressure on the existing Borough councils to get their plans done regardless, no doubt aligned to their desire to see an excessive number of houses built come what may. Frankly, is poor and far from joined up thinking, and bad planning.

We will provide further updates in future editions of The Resident, or you can check the latest position at **www.billericayactiongroup.org.uk.**

Mountnessing Road Railway Bridge

Many of you will be aware of the dangerous condition of the footpath on the railway bridge on Mountnessing Road. The westerly footpath in in an extremely poor condition with ruts and holes, making it impossible for people in wheelchairs or using mobility aids to use it, and very difficult for people pushing buggies. The easterly footpath is so narrow that it is difficult for one person to travel in single file. The risk is that pedestrians with mobility issues, will trip on these footpath defects and potentially stumble into the road into the path of vehicles. This site is an accident waiting to happen.

The BDRA has taken this matter up with Essex County Council, and contacted Councillors, Headley and Moore, who represent Billericay. Both Councillor Headley and Councillor Moore, have advised that they are well aware of the issues with Mountnessing Railway Bridge and have reported it several times.





Councillor Headley has since posted on social media that having made enquiries about the lighting issue on the bridge he has been advised that there is an ongoing issue in the area that requires new cables to be laid. It is realised as a priority, but as yet there is no timescale for the work to be carried out. Lighting issues in the area will further exacerbate the dangerous condition of the pavement.

Do you think this is a dangerous location for both motorists and Pedestrians? Then we would urge you to record your concerns on the ECC website **https://www.essexhighways.org/tell-us**. Go to the bottom of the page, select roads pavements and surface issues, and then pavement issues and then to the map at the bottom of the page. Input the ref 51.630251, 0.408842 into the search box in the top right-hand corner of the map, and that will take you to the correct position. Click on the railway bridge, to identify the spot with the defects, and go to the bottom of the page and click 'report an issue here'. You can upload photos of the defects if you have them. The website suggests that multiple reports of the same issue will not get repairs carried out any sooner, so, you could also write to Councillors Headley and Moore. Their contact details are:-

Councillor Headley at **cllr.anthony.hedley@essex.gov.uk**, phone **01277 626198**, Mobile Telephone Number: **07919 416505** and Councillor Moore at **cllr.richard.moore@essex.gov.uk**, phone **01277 627266**.

Added to this existing peril is the large development of 480 homes has been granted planning permission, with the entrance to the development being on Mountnessing Road. Apart from the introduction of a further 480 homes, many of which will exit left onto Mountnessing Road and traverse the railway bridge, there will be disruption for a long time with heavy large lorries using the bridge and the extra perils that causes for both pedestrians and other vehicles.

The railway bridge is the joint responsibility of Network Rail, who are responsible for the structure of the bridge, and Essex County Council (ECC) who are responsible the road and footpath surface. There may be very limited solutions to the narrowness of the bridge, but there can no excuse for the very poor state of the footpath, that causes a very real hazard for pedestrians.

THE RESIDENT is published by the Billericay District Residents' Association.
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BDRA website at: www.bdra.org

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REMINDER...

We can now offer an e-version of The Resident. If you opt to receive the e-version you will be required to pay your subs by bank transfer. If you take the e-version your subs will be £3pa, as opposed to £5pa for the hard copy.

If you receive a hard copy of The Resident and would prefer to pay your subs by bank transfer, please email **resident@bdra.org** *and request the bank details you will require.*

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Archer House – room vacancy

We currently have a room available at Abbeyfield Archer House, Laindon Road, Billericay, CM12 9LD. Archer House provides assisted living for fit and able, older residents (55 years and above), offering a supported, community environment, here in the heart of Billericay. Our residents enjoy independence and privacy, combined with support, companionship, and nutritious home-cooked meals. Each room has its own facilities and is furnished by the residents personally. All rooms have direct access to the delightful garden, and a small patio area for each resident.

For more information, please contact the house manager at: ***01277 626 390*** *or* ***yvonne.kyndt@abbeyfieldbillericay.co.uk***



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Do you care about Billericay?



You may be aware that in 2026 the BDRA will have existed for 100 years, which we will be celebrating later in the year. We aim to have a positive impact on the lives of Billericay residents, and we are run totally by volunteers.

We speak out for the residents of Billericay in order to conserve the character of our town and district and the local history, identity and ecology. We work to oppose over-development and urban sprawl and hold local authorities and public bodies to account.

We have been preoccupied in recent years with the Local Plan, keeping residents up to date with what is happening and any proposed new developments on our precious Green Belt and encouraging them to participate in the Local Plan consultations, letting their views be known. This work continues, and becomes more important, with the proposal to build 8k houses in Billericay, all on Green Belt, that will have an impact on schools, roads and the general infrastructure.

We believe that the Association truly benefits the lives of Billericay residents, thanks to our 250 or so volunteers that comprise the Committee, road reps, distributors and coach trip organisers, all working for the residents of Billericay.

However, we have been without a Chair for three years and our Vice Chair, who has done a sterling job standing in, is resigning in May due to other commitments.

We desperately need a person to lead us. Could you be that person? Have you retired in recent years and are looking to fill your spare time and give something back to the community? Have you got leadership skills? Are you assertive, diplomatic and impartial?

If so, then you fit the role perfectly. The time this role requires varies, but we have a great team on the Committee, waiting to support the right person.

Maybe you don't think you have the right skills for leading the association but have the interests of Billericay at heart and could serve on the Committee to have a voice and drive through some of our campaigns.

All the current Committee members have served long term and have done their share. It would be a shame if after 100 years we attracted so little support that we could no longer exist.

Please don't sit there thinking about it, just do it.

As a first step please contact **resident@bdra.org** to arrange an informal chat with one of our officers.

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Great News!

The Local Elections are back on in May!

After the article in the February edition detailing the postponement of the May Local Elections, the government has now abandoned plans to delay 30 council elections in England, following advice this could be unlawful.

Local Government Secretary Steve Reed had approved delays for the ballots until 2027, arguing some councils were worried about the cost of running elections for authorities which are due to be abolished in a major reorganisation of local government.

This means that elections will now take place regarding the 14 Basildon Councillor positions ending their term in May 2026. Essex County Council have already agreed that elections will take place relating to their Councillor positions also becoming vacant in May.







Quilters Schools: The Kindness Movement Transforming Billericay

At Quilters Schools, we are proud to nurture something truly special: children who recognise that kindness is powerful, that wellbeing is something we can actively grow and that community is built through connection, compassion and shared purpose. Our approach is rooted in Mind's Five Ways to Wellbeing – teaching pupils to take notice, connect, give, be active and love lifelong learning. These ideas don't sit on posters; they live and breathe in our classrooms, in our conversations and out in the heart of Billericay.

To help children understand their own emotions, we use the simple but transformative metaphor of the "stress pot." It teaches them to notice when life feels overwhelming and how to empty that pot in healthy, intentional ways. Acts of giving, forming connections and taking positive action aren't just wellbeing strategies: they are character builders. When children experience the impact of kindness firsthand – how it lifts others and lifts them too – everything changes. It gives them the key to life-long happiness!

This is why our community work is not an add-on or enrichment activity; it is essential. It is a defining part of who we are and what we believe children need to flourish – not only in school, but for life.

Knowledge That Builds Empathy

From the age of six, every Quilters pupil – both Quilteenees and Quiltonians – is trained annually as a Dementia Friend, deepening their understanding year on year and strengthening the empathy that underpins all of our community work. They also learn about Parkinson's, giving them a practical awareness of the challenges that some members of our older generation face. Knowledge builds empathy – and at Quilters, empathy leads directly to action.

Community Connections That Matter

Pupils visit Humankind Café, where they serve afternoon tea and play musical instruments, the Memory Café at Mayflower Hall and retirement homes including Albion Court and Abbeyfield, sharing their work, enjoying crafts and playing games with residents. They helped set up – and still help run – the Memory Café at Billericay Library. They also visit the Men's Shed, forming friendships with its members, learning new skills, exercising and discovering the joy of connecting across generations.



A thriving inter-generational choir performs twice a year, while the school choir sings at cafés and community events throughout the year. Much of this outreach is led by the Junior School Council, whose dedication has earned Quilters a Rotary Citation for service for three consecutive years – an exceptionally rare honour for any organisation and almost unheard of for a school.

Every junior child also writes regularly to an elderly pen pal, exchanging five letters each year and later meeting face-to-face during our much-loved Pen Pal Afternoons. These genuine, cross-generational friendships enrich both our pupils and the older residents who write back – proof that kindness can bridge decades.

Local Heroes Inspiring Local Children

The school's annual Billericay Local Role Models Day brings inspirational volunteers and community organisations directly into the school. Representatives from a wide range of local groups share their stories, helping children understand that role models aren't just celebrities – they are the everyday people who care, volunteer and quietly strengthen the fabric of the town.

Uniting Kindness: A Badge Bringing Billericay Together

Quilters Schools have also helped launch a town-wide initiative: Unite in Kindness. Pupils in Years 3 to 6 now wear a special badge featuring the Mayflower Ship, forget-me-nots and daisies – symbols of inclusion, connection and shared heritage. Wearing the badge represents a simple but powerful town-wide promise: a warm smile, a wave and a shared belief that kindness matters. Volunteers, organisations and residents across the town have begun embracing the badge, helping it grow into a wider movement of goodwill and collective identity. On Small Business Saturday, Quilters pupils worked on a 'market stall', encouraging people to Unite in Kindness.

A Town Shaped by Its Children

For many years, Quilters pupils have been widely recognised for their exceptional behaviour. This is no accident. Through real experiences – serving tea, singing in cafés, chatting with older residents, creating shared memories and writing letters – children see the effect their kindness has on others. That experience becomes motivation, then habit, then character. Billericay is already feeling the impact. The sight of Quilters pupils engaging warmly with the community has become part of the town's identity – a reminder that kindness is contagious and that young people can raise the spirits of an entire generation.

A Vision for the Future

Quilters Schools hold an ambitious and heartfelt aspiration: To be the kindest schools in the world—and to help Billericay become the kindest town in the world. With each act of service, each shared smile and each connection that brings joy to young and old alike, that vision moves a little closer.

Mike Wade (Head Teacher)



You may have seen the article in the December edition on page 4, regarding the Kind-ness Badge launch. I met Mike and the children from Quilters School at this event and was so impressed with the children and Mike's ideas, I requested an article from him. I hope you take the time to read this article, it is a lovely initiative, benefiting not just those participating, but the whole of Billericay, where the Quilters pupils will grow up and be part of our community.

Viv Burling – Magazine Coordinator

Friends of Lake Meadows BILLERICAY

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We are blessed with many unusual trees at Lake Meadows, many of them quite mature ones, others planted more recently. They are vital to our well-being, providing health benefits to ourselves, as well as improving air quality, supporting biodiversity and combating climate change.

The oaks tell a history of the land, marking out the old field boundaries, many of which came into being centuries ago, delineating who the land belonged to. There are around 600 varieties of oak trees in the world, which can be found on every continent. In Britain, the two main varieties are the sessile oak (leaves have no stalks) and the pedunculate oak (leaves have stalks). It is said that oak can live up to 1,000 years, although the oldest known tree is believed to be over 2,000 years old. Typically, it takes an oak 100 years to grow, 100 years to matures and 100 years to die. They start producing acorns after about thirty years and can produce as many as 2.000 annually. They also provide a habitat for as many as 100 small creatures, birds and organisms.

Although trees are generally very resilient, particularly the oaks, a number of our trees in the park are now quite mature and inevitably suffer during periods of high winds or storms, as did one recently near the entrance to the wood, damaging the compound gate. The Parks arboricultural team undertake regular tree surveys to monitor their condition and remove any dangerous branches.

Besides the oaks, we have wonderful examples of other trees including mature beech, lime, maple, walnut, chestnuts and wellingtonias, as well as several deciduous firs, including gingkoes, swamp cypress and dawn redwoods. Recent additions have included a tulip tree, willows, mountain ash, crab apples and a whole mini woodland of new saplings extending the woodland area.

Winter is a great time to identify trees from their twigs, bark and shape. Anyone interested in finding the different trees in the park, can find a numbered map and list on our website or from our hut when it is open in the summer. Maybe someone clever can identify this wintry tree pictured here? And which trees are already showing their Spring growth, with leaves set to open as warmer days come?

For further information about Lake Meadows, see **www.lakemeadows.org.uk** or email **contact@lakemeadows.org.uk**

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Dates for your Diary!





Town Council Meetings

- **Billericay Town Council Meetings** Planning,**16th March**, **30th March**; Health, Wellbeing and Environment **6th April**; Finance and General Purpose **5th March.** Full Council **12th Marc**h. All meetings start at 7pm.



Clubs and Societies

- **Anna's Place** For older adults. Dementia friendly. Crafts, puzzles, games, music, singing, lunch, and refreshments 10.30am-2pm **every Tuesday**, Christ Church Hall, Perry Street, Billericay. For more information phone 01277 630144
- **Basildon and Billericay French Circle Friday 20th March** 8pm. L' art est dans la rue' – a talk in French by Andrew Dobson. **Friday 10th April** 'Jean Gabin' – a talk in French by Brigitte Thibaut. All welcome. Visitors £5. Meetings held at The Fold, Laindon Rd. CM12 9LD. www,basildonandbillericayfrenchcircle.com or contact 07986 293419.
- **Basildon Mind** A local Charity focusing on helping people with their mental health. We hold pop-ups at the Humankind Café **every Wednesday**. We are still looking for Billericay Representatives. Contacts: 01268 289700, john@basmind.org
- **Billericay Archaeological and Historical Society** meet at The Fold, Laindon Road. Start time 8pm. **Monday March 9th** Lynmouth in 1972 – Philip McKinder. This will be preceded at 7.30pm by our AGM. Non-Members £3, Raffle £1, refreshments £1 per person. Contact alantaylor8@openworld.com
- **Billericay Art Club at The Fold Thursdays** 9.30-12.30 New members wanted to join small group of friendly, encouraging amateur painters at The Fold Refreshments and free parking available. Call Eileen on 01277 659347 for more information.
- **Billericay Choral Society** – Come and Sing, **Tuesdays** at 7.30pm, (term time only) at Methodist Church, Western Road, Billericay.
- **Billericay Flower Arranging Group** meet on **1st Wednesday of each month** at 7.30pm for 8pm start in WI Hall, St Edith's Lane, Billericay. Visitors welcome at £7 each. Contact Linda Gilbey on 01277 656217 or email ljgilbey@aol.com
- **Billericay Horticultural Society Monday 16th March** Biodiversity on the Allotment – Federico Filippi Meet at Chantry Centre from 8-10pm. Visitors welcome £3.00. Refreshments available 43trouble@gmail.com
- **Billericay Lions Club** meet in The Duchess Suite at The Duke's Head PH on the **second Monday every month** 8-10pm. If you would like to make new friends, whilst helping those less fortunate than yourself, please get in touch 0345 833 9849. For more information www.billericaylions.com
- **Billericay Men's Shed** meet **weekly**. – **Mondays** – Tea 'n chat, **Tuesdays** – Woodworking, **Wednesdays** – Volunteer supported sessions for those with dementia and their carers. Meet in Lake Meadows adjacent to the Bowls Pavilion. Contact billericaymensshed@gmail.com or phone 07544 752686.
- **Billericay Branch of The Mother's Union** meet on **4th Wednesday each month** at 1pm for 1.30pm start in the Mayflower/Pilgrim Rooms of The Emmanuel Archer Hall 66-68 Laindon Road, Billericay CM12 9LD. We have a variety of Speakers and activities, Contact Pauline 07939102945
- **Billericay and District Parkinsons Support Group** We have **every Monday and Tuesday** at 11.30am at Studio360 our exercise classes; **every other Tuesday** Let's Sing Group meet at 2pm in Christchurch, Wickford, our Walk and Talk Group meet **every Thursday** at 11am at main entrance of Lake Meadows to walk a loop or two and tea at the end; **Monthly meeting** on **3rd Saturday of each month** at Emmanuel Hall at 2.30pm.
- **Carers Peer Support Group** Meet at 2pm in Education Room of Billericay Medical Centre on **last Monday of the month**. To book: Contact Jenny. Goodson@carersfirst.org.uk
- **Gone Too Soon** Bereavement support group for Parents who have lost a Son or Daughter in any circumstances and if recent or a while ago. Meet at The Chantry Centre, Chantry Way **Monday 9th March**. Parents are given a warm and friendly welcome in a safe environment. Contact Lyn on 07387805406 or e-mail lyn-currie@hotmail.co.uk www.gone-too-soon.online
- **Hearing Help Essex** – Hearing Aid Support Session. **Monthly** maintenance sessions for NHS hearing aid users at The Chantry Centre. To book an appointment call 01245 496347, text -07950 406173 or book online at www.hearinghelpessex.org.uk
- **Mayflower Morris Men** The town's Morris Men practise on **Thursday** in St Mary Magdalen, High Street at 7.30pm.Beginners, dancers and musicians – old and young welcome! Tuition is free. You supply the hankies, we do the rest. For more information 01277 654228 or http//www.mayflowermorris.com. Forthcoming meetings are March 5th, 12th , 19th, 26th
- **Offshoots Singing Group** meet on **1st and 3rd Wednesday of each month** at St Johns Church, Outwood Common Rd CM11 2LE from 7.45-9.45pm. No auditions. Parking on site. Contact geoffrudd47@gmail.com or phone 07763424206.
- **Photofold Camera Club** meet at The Chantry Centre, Chantry Way on **Tuesdays** 8-10pm, doors open at 7.30pm. Info at www.photofold.org.uk
- **Probus Retired Men's Club** Join other retired professional and businessmen at our **monthly** lunch, usually with a Speaker. Contact Steve on 07817 694980 or stevejk88@outlook.com for more details.
- **Probus Club of Billericay and Shenfield** welcome retired gentlemen members to our 3-course lunch meetings, which includes a guest Speaker at Mount Avenue Banqueting Suite, Hutton on the **last Thursday of every month**. Please contact ianmarshall112@gmail.com for more information.

- **Billericay Ladies Probus Club** If you are retired and would like to make new friends, join us for a **monthly** lunch, chat, and speaker. Contact stephanie4probus@gmail.com for more details
- **Midweek Break Community Social 3rd Wednesday every month** 2-4pm at St John's Church, Outwood Common Road CM11 2LE. Join us for chat, games, activities, guest speakers and more. All adults welcome. No need to book. Free entry and refreshments.
- **Outwood Common Tenants and Residents** Chat with a Cuppa – A warm space and a friendly face every Friday 10-11.30am, for an informal chat, a cuppa, and biscuits. Everyone welcome. St. John's Church, Outwood Common Rd CM11 2LE
- **Remus Horse Sanctuary 22nd March** Online Auction, starts at 11am; **22nd March** Curry Lunch at Nirvana Indian Restaurant, Ingatestone. £22 per person. 2pm for 2.15pm start. Booking essential. Contact https://www.remussaecembernctuary.org/events.
- **Royal British Legion** Billericay Branch meets on **last Wednesday of the month** at 8pm in the Chantry Centre. You do not have to have served in the Forces to join or help. Contact Derek on 07757 31368, derekgprior@hotmail.com
- **The Next Chapter Bereavement Group** We meet **every 2nd Saturday of the month** at Emmanuel Church Hall at 10.30am-12.30 for coffee and chats for widows and widowers. For more information ring Sandra 07957 348006
- **The Wallace Singers Spring Concert** Harmony in the Spotlight – **Saturday 21st March** at 7,30pm, Wessex Auditorium, Brentwood School, CM 15 8EE. Price £15, Under 14s £8. Tickets:htpps//www.ticketsource.co.uk/the-wallace-singers. Enquiries 0787175173s and widowers. For more information ring Sandra 07957 348006
- **U3a** Membership Subscription is £15 for the year, £10 if joining after 1st October. Guests are invited to attend 2 meetings a year at a charge of £2. If they then decide to join, this fee will be refunded. Meetings start at 2.30pm on the **4th Friday of the month**. **27th March**, Harvard Slater-The East End of London – travel through the diverse cultural tapestry of London's East End from the Huguenots to modern day Bengalis. Meet at Canon Roche Centre, 21, Laindon Road, Billericay. Contact bb.u3asite.uk
- **APPLE Bridge** Friendly Club for Duplicate Bridge, meets at Hannakins Farm, Rosebay Avenue on **Wednesday mornings**, 9.30am for a 9.45am start. Sessions cost £3 per session. Plenty of parking available. Contact Sandra Lowe 07552 753075
- **Anne Owen Bridge Club** meets at Hannakins Farm Community Centre, Rosebay Avenue CM12 0SY on **Tuesday afternoons** at 1.15pm for 1.30pm start for friendly bridge. Members £3, Visitors £4 per person per session. For further information, contact Mrs Janet L'Estrange on 01277 624078.

The WI

- **Billericay WI** meet at the WI Hall, St. Edith's Lane at 2pm on the **first and third Wednesday of each month**. Contact 01277 624255.
- **Buttsbury (Billericay) WI** meet on the **2nd Tuesday of the month** at Canon Roche Hall 8pm-10pm. New members welcome. For more details contact Jan Nash on 01277 630147
- **Little Burstead WI** meet on the **second Thursday of the month** from 2pm-4pm at Little Burstead Village Hall. Contact 01268 491396
- **South Green WI** meet on the **third Thursday of the month** at South Green Memorial Hall, Southend Road. CM11 2PR. Contact 01277 652739



Fitness and Sport

- **Billericay parkrun** Every **Saturday** 8.45am at Lake Meadows, parkrun provides a free, timed 5k run, jog or walk for all standards from 4years+ Visit www.parkrun.org.uk/billericay or visit our Facebook page.
- **Lake Meadows junior parkrun** Every **Sunday** at 8.45am at Lake Meadows, parkrun provides a free, timed 2k run, jog or walk for all standards from 4-14 years. Visit www.parkrun.org.uk/lakemeadows-juniors/ or visit our Facebook page: Lake Meadows junior parkrun
- **Billericay Town Walking Football** We train at Billericay Town FC. Men 50+on **Mondays** 8pm-9,30pm and **Thursdays** 10am-12pm (£6 per session) **Mondays** 7pm-8pm for Ladies 40+ (£5 per session). E-mail Bill at btfcwf@gmail.com
- **Outwood Common Tenants and Residents** – Seated Yoga **Friday** 11.15-11.45am at St John's Church. £1.50 a session. **First session free.** Open to everyone of all ages and abilities

To advertise your event here, please email resident@bdra.org

Deadline for the next issue is 28th March for events taking place between 10th April and 9th May

THE CHIROPRACTIC CENTRE
BILLERICAY • BRENTWOOD

DO YOU HAVE PAIN?

Call us TODAY on
01277 631025

- Low back pain
- Neck pain (including Whiplash)
- Hip and knee osteoarthritis
- Shoulder pain
- "Frozen" shoulder
- Tennis elbow
- Knee pain
- Plantar Fasciitis
- Dizziness (cervicogenic)
- Migraine and headaches



Computer Problems?

Don't struggle to carry it up to the shop or put up with expensive call out charges.

Call Gary Mander,
Computer Technician
on 01277 636358
for a no obligation chat

Gary@PCTechnician.co.uk

No Call Out Charge!



Billericay District Residents' Association COACH TRIPS



ON THE DAY OF THE TRIP ONLY THE EMERGENCY CONTACT NUMBER IS 07518 122647

Please note that all payments should be made as soon as possible and sent to the person named on the trip advertisement. Cheques should be made payable to BDRA and the trip title shown on the back of the cheque.
Departure points for all trips:
QPR – Queens Park Roundabout *(for holiday trip only)*, GG – Gooseberry Green, bus stop at roundabout, OA – Orchard Avenue, approaching Stock Road, LR – Laindon Road, bus stop between Sun Corner and the fire station, SG – South Green, bus stop to Wickford, opposite the retirement apartments

Please note – When a trip is confirmed the fare must be paid as soon as possible.

If you are a solo traveller on a trip, we ask you to provide a contact number when booking, in case of an emergency on the trip.

BATTERSEA POWER STATION – THURSDAY 30TH APRIL 2026

Discover London's most exciting shopping centre in this iconic Grade 2* listed building. It has over 150 shops, bars, restaurants, parks and riverside walks. Take a ride on the land train (£2.50) for a gentle journey around the estate and soak up the atmosphere. The Chimney Lift makes a thrilling 109 metres ascent to the top of the north west chimney with a stunning 360 degree view of London's skyline. Visit the power station's magnificent art deco turbine hall and see Sir Giles Gilbert's 1920's office the power station's original architect.

Cost: £21.00 which includes coach and entry to Battersea

Depart: GG 8.45am. OA 8.50am. LR 9.00am. SG 9.10am. Back in Billericay approximately 6.00pm.

Please telephone to book after 9.00am on Friday 20th March

Kathleen Fox, 72, Perry Street, Billericay, Essex, CM12 0ND.
Telephone 01277 622342

A VISIT TO HISTORIC CHATHAM DOCKYARD AND CALL THE MIDWIFE TOUR – THURSDAY 28TH MAY

Join us for a visit to Chatham Dockyard, one of the top maritime heritage spots in Britain promises an exciting adventure. Hop aboard the three historic warships, peer through the periscope of a cold war submarine. Take charge on the bridge of a second world war destroyer and ring the ships bell on the deck of a Victorian sloop. Don't miss the fantastic Command of the Oceans interactive exhibit where you can discover the hidden secrets of the ancient ship below the floor, hear the waves crashing and wander through the UK's biggest collections of RNLI Historic Lifeboats. In the entry price is our 60 mins walking tour of Call The Midwife. Featuring material from the latest series as well as props, costumes and of course a costumed midwife. Restaurant and picnic areas are available.

Cost: £44.00 includes coach and entry to the Dockyard and Tour

Depart: GG 8.15am. OA 8.20am, LR 8.30am, SG 8.35am. Back in Billericay approximately 6.00pm.

Please telephone to book after 9.00am on Wednesday13th March

Yvonne Cave. 11 The Vale, Stock, Ingatestone, Essex, CM4 9PW.
Telephone 01277 840560.

COACH HOLIDAY • COACH HOLIDAY

IMPERIAL HOTEL EASTBOURNE – SATURDAY 14TH MARCH 2026 - WEDNESDAY 18TH MARCH 2026

Included:-

- 5 days half board
- 2 full day excursions (places to be arranged)
- 1 evening half price bar (5pm till 9pm)
- Entertainment every evening

★ Two rooms ★ available due to illness double or twin

Itinerary: -

- Saturday 14th March - travel to Eastbourne with stop for lunch
- Sunday 15th March - Brighton (optional)
- Monday 16th March - At leisure
- Tuesday 17th March -Worthing
- Wednesday 18th March - travelling home with stop for lunch.

The Imperial Hotel is ideally situated 100yards from the beach and close to the shops. All rooms have a television and tea and coffee making facilities. There is a lift and also a bar and a separate lounge area. A coffee shop and snack bar are situated in the hotel. Wi Fi is available. There are 16 single room available with no single supplement. (Only one room per person can be booked).

Cost: £299.00. Deposit £30. Balance due by the 14th of January.

Pick up times: QPR 9.45am. GG 10.00am. OA 10.15am. LR 10.30am. SG.10.45am.

Kathleen Fox, 72 Perry Street, Billericay, Essex, CM12 0ND.
Telephone: 01277 622342

In case of cancellation please arrange your own insurance as a refund can only be given if your room can be reallocated

Printed luggage labels will be handed out when you board the coach

If concession prices are quoted (i.e. seniors, children) these should be requested at the time of booking or the full price will apply. In the event that you need to cancel all efforts will be made to resell your tickets, however if we are unable to resell your tickets you are liable for payment.

PRIVACY NOTICE We understand that you consented to BDRA holding personal details about you when you subscribed as a member of the Billericay District residents' Association and a recipient of the Resident magazine. The information which we hold is your name and address, and we may hold additional information which you have provided such as your email address and/or telephone number. We hold this data for the purpose of delivering the Resident Magazine to you and to collect and administer your subscription payments. We will hold your personal information only for as long as is necessary for these purposes. Personal data is held securely and will not be shared with any third parties. You have the right to request to see what information we hold about you. You have the right to instruct us to delete your personal information from our records at any time. This would result in the termination of your membership of the BDRA.